



South East London and Kent Catenian Association Public Speaking Competition 2026

COMPETITION RULES

1. The competition is open to Year 12 students (age 16-18) from schools in Kent and South East London.
2. Each school must hold its own public speaking competition to select a winner to represent them at the regional final.
3. The speech must be on a subject of the student's choice and be no longer than four minutes.
4. All Entries must be received by to be confirmed.
5. The regional final will be held on Friday 20th February 2026
6. The venue for the regional final will be held at St Joseph's Church Hall, Plastow Lane Bromley Kent BR1 2PR.
7. The winner of the regional final will receive all expenses paid to proceed to the UK Final, which will take place in Manchester Conference Centre in September 2026.
8. The competition aims to help students develop their public speaking skills, confidence and analytical abilities.
9. To participate, schools must complete the registration form online.

